

# food drive

to benefit local seniors | August 1 - 15

Camp Gladiator is collecting cans to stock the shelves of homebound seniors!  
Hosted by 7 trainers throughout Montgomery County, across 2 weeks of camp.

**CAMP GOAL** | Collect 2,000 cans or bottles, collectively

**CAMP COMPETITIONS** | Trainers, from the 3 teams who collect the most, will get pried in the face. **BONUS:** Camper who brings the most items gets a free t-shirt!

## ITEMS TO DONATE

### SHELF STABLE FOODS

*Low sodium preferred*

- Vegetables
- Soup
- Beans
- Tuna fish / chicken
- Peanut butter
- Crackers / graham crackers
- Oatmeal, individual packets
- Powdered milk

### LIQUID MEALS

*Chocolate, vanilla, or strawberry flavors preferred*

- Ensure Original
- Glucerna Original

*All items due to your Camp by August 15th.*



*delivering meals, wellness checks, and caring connections to homebound seniors in Montgomery County.*

